

this program is considered  
**level basic**

# SMASH THAT BARRIER

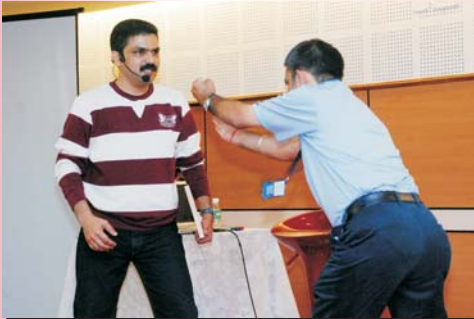


its time to get over what has been holding you back ...

massive action  
workshop

SMASH THAT BARRIER - GET YOUR GOAL!  
a short power program for senior level leaders

RE FRAME YOUR GOAL  
PINPOINT THE BARRIER TO IT  
AND JUST **smash** IT!



# 3

hours of non stop

# action

*physical and mental*

In 3 hours, Master Trainer and well known Personal Development Coach, Sanjiv Padman will help you identify and define what is stopping you from achieving your professional / life goal.

You will then be lead into gathering your strengths and develop a laser like focus to smash through your barriers and take total control of your abilities once and for all.

As a metaphor you will break through a board in karate style to remind your mind - that YOU are in absolute control! (Don't worry, you don't have to break the board, but you will want to!)

All through the program, foot tapping and motivating music will ensure learning happens naturally.

Sanjiv has been trained by world gurus in personal development and... life for you will never be the same again!

*education* to learn  
*entertainment* to involve

**come and experience**



# edutainment

some words by earlier participants  
describing their feel after the workshop

energised explosive vibrant invincible enthralled turbo-charged